



The School of Aromancy Complete Course Outline

The School of Aromancy offers comprehensive learning opportunity in Oriental medicine concepts, aromatherapy, perfumery, and consultation / counseling methods.

Workshops are structured such that anyone can participate and enjoy regardless of professional experiences. Each set of courses (introductory, practitioner) are offered in sections, in evenings and on weekends or online.

Upon completion of all classes you will receive a diploma certifying you as an official Aromancy practitioner. Total Approx. 300 hours

Aromancy Introduction Level

1. Introducing to Aromancy
2. The Aromancy Healing Circle
3. The Art of Balance

Aromancy Practitioner Level 1

4. Introduction to Oriental Medicine Concepts
5. The World of Aromatic Treasures

Aromancy Practitioner Level 2

6. Perfume Divination - Aromancy Consultation Method Steps
7. Tao of Aromancy - Understanding Human Behavior - Applied Concepts

Time and place are announced on our calendar. If you wish to organize Aromancy workshop in your area, please contact at info.aromancy@gmail.com

Aromancy Introductory Level Course

#101 Introducing Aromancy - Perfume Divination

Since the beginning of time, humanity has been indebted to the wisdom of plants for not only nourishment, clothing, and shelter, but our spiritual connection to the creation. In this short evening meeting, we will introduce Aromancy. How we use our sense of smell and intuition to turn essential oils to magical perfume that brings you to a balance and helps you to manifest your highest potential.

Duration: ca. 1 hour with Q&A

Price: Gratis

#102 Aromancy Healing Circle

The beauty of a circle is that there is no hierarchy. We set the intention, and the circle can gently hold the space for all its participants to share their problems and issues without the judgment and tribunal. In this way, you may achieve what alone could not do; for example, to forgive someone or, to make a decision to take a self-responsibility for which you once blamed others. The circle, with the force of many, serves as an opportunity to change the view of life from the ground up.

First, you are going to answer a short questionnaire. The multiple-choice questions are all about your experiences in life and are divided into five elements that make up our physical, emotional, and spiritual bodies. Then we go over these questions and relate them to the plants on the Aromancy Board. You will find out which one of them can help you support you and how.

In the following class, you will have the opportunity to take the questionnaire and make a perfume for yourself.

Duration: ca. 5 hrs.

Price:

#103 The Art of Balance - Essential Oil Mixology/Perfumery

We will learn the process to combine essential oils to make a perfume. This class is for the beginner essential oil / perfume enthusiast. We will experiment mixing different scent types to see what kind of transformation happens. We will use the questionnaire from Healing Circle and 25 pre-chosen essential oils to give you a mini Aromancy session.

Use of essential oils for the class is included. You may take home your creation.

Duration: ca 3 hrs.

Price:

Aromancy Practitioner Level 1

#200 Introduction to Aromancy - Oriental Medicine Concepts 1-9

The foundation of Oriental Medicine is rooted in Taoist view of nature and the Universe. Their philosophy created not only healing arts such as acupuncture and herbal medicine, but martial arts such as Qi Gung, performing arts such as music and dance, literature arts, and divination method such as I Ching. We will cover the most pertinent subject for Aromancy, the theory of Yin and Yang and Five Elements. The goal of this topic is to be able to diagnose/analyze the client's question accurately.

Duration: ca. 54 hours total

Price:

#201 Introduction to Aromancy - Oriental Medicine Concepts 1 - The Foundation

- 1) Taoist view of the Universe - from Nothing to Infinity.
- 2) Yin-Yang Basics, Correspondences in Natural phenomena, in Man and in Plants
- 3) Four Directions - Time and Space
- 4) Birth of Elements
- 5) Meridians
- 6) Human Organ Function
- 7) Life cycle - I Ching

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#202 Introduction to Aromancy - Oriental Medicine Concepts 2 - Five Element Overview

- 1) Energetic relationship
- 2) Overview of each element and its role.
- 3) Order of development
- 4) Yin/Yang relationship
- 5) Plant-self, Animal-self
- 6) Inter-relationships between Elements

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#203 Introduction to Aromancy - Oriental Medicine Concepts 3 - Water Element

- 1) Role of Water Element in Causal/Spiritual Body
- 2) Role of Water Element in Emotional Body
- 3) Role of Water Element in Physical Body
- 4) Possible emotional/physical manifestation of dis-ease
- 5) Meridians

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#204 Introduction to Aromancy - Oriental Medicine Concepts 4 - Metal Element

- 1) Role of Metal Element in Causal/Spiritual Body
- 2) Role of Metal Element in Emotional Body
- 3) Role of Metal Element in Physical Body
- 4) Possible emotional/physical manifestation of dis-ease
- 5) Meridians

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#205 Introduction to Aromancy - Oriental Medicine Concepts 5 - Earth Element

- 1) Role of Earth Element in Causal/Spiritual Body
- 2) Role of Earth Element in Emotional Body
- 3) Role of Earth Element in Physical Body
- 4) Possible emotional/physical manifestation of dis-ease
- 5) Meridians

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#206 Introduction to Aromancy - Oriental Medicine Concepts 6 - Wood Element

- 1) Role of Wood Element in Causal/Spiritual Body
- 2) Role of Wood Element in Emotional Body
- 3) Role of Wood Element in Physical Body
- 4) Meridians

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#207 Introduction to Aromancy - Oriental Medicine Concepts 7 - Fire Element

- 1) Role of Fire Element in Causal/Spiritual Body
- 2) Role of Fire Element in Emotional Body
- 3) Role of Fire Element in Physical Body
- 4) Possible emotional/physical manifestation of dis-ease
- 5) Meridians

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#208 Introduction to Aromancy - Oriental Medicine Concepts 8 - Extra Ordinary Fire Element

- 1) Role of Pericardium and Triple Burner
- 2) Relations to Water Element
- 3) Relations to Metal Element
- 4) Relations to Earth Element
- 5) Relations to Wood Element
- 6) Possible emotional/physical manifestation of dis-ease
- 7) Meridians

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#209 Introduction to Aromancy - Oriental Medicine Concepts 9 - Review and Integration

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

Aromancy Practitioner Level 1

#300 The World of Aromatic Treasures - Essential Oil Appreciation 1-9

Long before aromatherapy was developed, people from every culture collected aromatic plants from their environment and used them to beautify themselves as well as to (in their belief) keep evil spirits out of their home. Today, we are able to access hundreds of plant aromatics from all over the world in pure essence form. Out of about 500 essential oils on the market today, Aromancy has selected 185, and given each a dedicated place, such that they have gained additional powers beyond commonly known efficacy. We will go through many of them to learn the following: Use of essential oils for the class is included.

1. Name, origin, plant parts used, and distillation method
2. Scent profile/character, energetic direction.
3. Messages from plants.

Duration: ca. 54 hours total

Price:

#301 Essential Oil Appreciation 1 - Overview

- 1) Historical use of Aromatic products
- 2) Scents and sense of smell - Anatomy
- 3) Yin and Yang of Aroma
- 4) Modern Aromatherapy overview - what makes Aromancy different
- 5) Understanding the difference of crude herbs and essential oils
- 6) Methods of Extracting plant essences
- 6) Safety consideration and mode of application

Duration: ca 3 hrs + Review and quiz = 6 hours

#302 Essential Oil Appreciation 2 - Traditional method of finding the use and meaning of plants

- 1) Plant Parts
- 2) Geography of Plant Origin
- 3) Doctrine of Signature
- 4) Cultural / collective knowledge
- 5) Vocabulary of Scent profiles
- 6) Vocabulary of Perfumery

Duration: ca 3 hrs + Review and quiz = 6 hours

#303 Essential Oil Appreciation 3 - Scientific method of finding the use and meaning of plants

- 1) The method of analyzing aromatic chemical compounds
- 2) Vocabulary of Chemical Compounds
- 3) Vocabulary of therapeutic properties
- 4) Aromatherapy list against specific conditions

Duration: ca 3 hrs + Review and quiz = 6 hours

#304 Essential Oil Appreciation 4 - Essential Oils According to Five Element - Water

- 1) Water Element (PC)
- 2) Water Element (Water, Resin)
- 3) Water Element (Wood Trunk/Heart)
- 4) Water Element (Roots)
- 5) Water Element (Extra Ordinary)

Duration: ca 3 hrs + Review and quiz = 6 hours

#305 Essential Oil Appreciation 5 - Essential Oils According to Five Element - Metal

- 1) Metal Element (PC)
- 2) Metal Element (Dry-Salt/Mediterranean)
- 3) Metal Element (Cold/Conifer-Evergreen)
- 4) Metal Element (Hot-Wet/Tropical)
- 5) Metal Element (Temperate)

Duration: ca 3 hrs + Review and quiz = 6 hours

#307 Essential Oil Appreciation 7 - Essential Oils According to Five Element - Wood

- 1) Wood Element (PC-Spiritual)
- 2) Wood Element (Medicinal Herbs)
- 3) Wood Element (Culinary Herbs)

Duration: ca 3 hrs + Review and quiz = 6 hours

#308 Essential Oil Appreciation 8 - Essential Oils According to Five Element - Fire

- 1) Fire Element (Flowers-Exotic/Oriental)
- 2) Fire Element (Flowers-Occidental)
- 3) Fire Element (Florals)

Duration: ca 3 hrs + Review and quiz = 6 hours

#309 Essential Oil Appreciation 9 - Preparation for Advance Studies

- 1) Aromancy Board Design

Duration: ca 3 hrs + Review and quiz = 6 hours

Aromancy Practitioner Level 2

#400 Perfume Divination - Aromancy Consultation Method Steps 1-7

Divination means to foretell the future by observing the natural phenomena. In the case of Aromancy, nature is your client. How we create a perfume to help manifest the client's wish is the work of Aromancy. But often, in order to come to what the client wants, they must accept what they need. When what they need is found with their intuition instead of being pressed on by others, then the process becomes natural and easy. Aromancer's job is to guide the client to intuitively choose a number of essential oils out of Aromancy Board, and speak on behalf of plants to pass the message hidden in the scent. Many challenges must be overcome in order to succeed in Aromancy consultation.

1. Help to clarify the question.
2. Understand the question and diagnose it according to Aromancy concept.
3. Give comment ahead of the next step if necessary.
4. Choose a method of the journey (selection process) according to the theme.
5. Making sense of choices by creating a story with each chosen plant's message.
6. Deciding how many oils to use according to numerological significance.
7. Identifying and assigning the role each oils play.
8. Creating a balanced perfume.

Prerequisite: Successful completion of introductory levels.

Duration: ca 3 hrs each segment, Total 72 hours

Price:

#401 Perfume Divination - Aromancy Consultation Method 1 - Preparation of Aromancer-to-be

- 1) Understanding the big picture - Taoism and comparative study of world religions, mythology, spiritual schools, art and philosophy
- 2) Attitude of non-judgement
- 3) Understanding and preparing /opening / holding the space.
- 4) Describe Aromancy in 5 min.

Duration: ca. 2 hours + Review and Quiz = Total 4 study hours

#402 Perfume Divination - Aromancy Consultation Method 2 - Understanding the question or the theme

- 1) Listening and help to clarify the question - if you don't understand, is it you or is it them?
- 2) What should the theme be when there is no question or what if the client can not clarify themselves?
- 3) If there is a clear "desired outcome", should it even be reached? (without judging)

Duration: ca. 2 hours + Review and Quiz = Total 4 study hours

#403 Perfume Divination - Aromancy Consultation Method 3 - Diagnosing the theme according to OM concept

- 1) Defining the main cause of the theme and the Element affected
- 2) Possible counter measure or required support
- 3) Defining the root cause of the theme and the Element affected
- 4) Possible counter measure or required support
- 5) Case Study

Duration: ca. 6 hours + Review and Quiz = Total 12 study hours

#404 Perfume Divination - Aromancy Consultation Methods 4 - Exploring the Aromancy Board

- 1) Intuitive selection
- 2) Where in the Aromancy Board...
- 3) By suggestion of Aromancer
- 4) Case Study

Duration: ca. 6 hours + Review and Quiz = Total 12 study hours

#405 Perfume Divination - Aromancy Consultation Methods 5 - Selecting essential oils

- 1) Observing reaction and listening to the comment
- 2) Message from plants
- 3) Elimination process
- 4) Deciding the number of essential oils according to numerology
- 5) Case Study

Duration: ca. 6 hours + Review and Quiz = Total 12 study hours

#406 Perfume Divination - Aromancy Consultation Methods 6 -Blending and making a balanced perfume

- 1) Notes and harmony
- 2) Role of each selected oils
- 3) Mode of application
- 4) Hands on training

Duration: ca. 6 hours + Review and Quiz = Total 12 study hours

#407 Perfume Divination - Aromancy Consultation Methods 7 - Trial / Guided session

By appointment

Duration: ca. 3 hours + Report and Review = Total 6 study hours
You may repeat multiple times.

Aromancy Practitioner Level 2

#500 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 1-9

This workshop for any health-related practitioners and others who wish to learn and work with the plant medicine properly and respectfully.

Aromancy is anchored in the universal view of Tao. Traditional Oriental Medicine such as acupuncture originate from Tao, and Aromancy has adopted and modified the theory of Yin and Yang and Five Elements for the use of essential oils in dealing with primarily emotional issues. With these simple but profound theories as a diagnostic tool, you are able to answer any question your client brings to the table, and guide them in the right direction.

Applied Concepts means merging of various philosophical/religious/shamanic traditions and modern psychology together. Aromancy is a flexible tool of communication and the quality and success of your consultation depend on what you bring from your experiences and training. This means, what we offer in our courses is certainly not the only way to conduct Aromancy session - rather perhaps, an example to which you add your own life's philosophy to synthesize your own Aromancy.

The most important tool of all in Aromancy is the intuition - Your own as well as your clients. The true intuition, in our understanding, can only be realized when you are disciplined in the basic skill set. otherwise it will just be a wild guess.

Prerequisite: Successful completion of introductory level

Duration: ca. 3 hours each segment, Total 128 hours including case study hours

Price:

#501 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 1 - OM Diagnostics

Methods

- 1) Face Reading
- 2) Pulse Reading
- 3) Tongue Reading
- 4) Posture, Body Type
- 5) Color
- 6) Possible help from plant essences

Duration: ca. 4 hours + Review and Quiz = Total 8 study hours

#502 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 2 - Deeper Understanding of Emotions and Elements

- 1) Review of five emotions relating to each Element
- 2) Inter-relationship and transmutation of emotion
- 3) Misidentification and misrepresentation of emotion by client
- 4) Possible help from plant essences

Duration: ca. 3 hours + Review and Quiz = Total 6 study hours

#503 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 3 - Discussion on Patten of Behaviors

- 1) Masking, Indifference, Aloofness, Victim, Escapism, Compulsion, Exaggeration, Pathological liar, Domination, Hoarding, Isolation, promiscuity etc.
- 2) Relating above with Five Element Theory
- 3) Possible help from plant essences

Duration: ca. 6 hours + Review and Quiz = Total 12 study hours

#504 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 4 - Discussion on Specific Emotions/Conditions

- 1) Depression
- 2) Fear and Anxiety
- 3) Disappointments
- 4) Lethargy
- 5) Indecision and Procrastination
- 6) Possible help from plant essences

Duration: ca. 4 hours + Review and Quiz = Total 8 study hours

#505 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 5 - Discussion on Relationships

- 1) Love / Partner
- 2) Family member
- 3) Friends/Enemies outside
- 4) Sexual Abuse
- 4) Possible help from plant essences

Duration: ca. 4 hours + Review and Quiz = Total 8 study hours

#506 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 6 - Discussion on Life

- 1) Existential Question
- 2) Power and Determination
- 3) Freedom
- 4) Understanding and Acceptance
- 5) Open to Receive
- 6) Possible help from plant essences

Duration: ca. 4 hours + Review and Quiz = Total 8 study hours

#507 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 7 - Advanced Session Methods

- 1) Family Constellation

Duration: ca. 3 hours + Review and Practical Training = Total 6 study hours

#508 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 8 - Advanced Session Methods

- 1) Free Association

Duration: ca. 3 hours + Review and Practical Training = Total 6 study hours

#509 Tao of Aromancy - Understanding Human Behavior - Applied Concepts 9 - Advanced Session Methods

- 1) Past, Present, Future

Duration: ca. 3 hours + Review and Practical Training = Total 6 study hours

#600 Aromancy Practitioner Certification - Case Study

Submit 20 Case Study for the certification = Counted as 60 hours

#700 I Ching with Aromancy

Independent Study